



# Tasha Stones



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Tasha was the semifinalist of the Great British Bake Off 2023, and the show's very first deaf contestant.

Her flavours are inspired by her love of travel. Having spent some of her childhood in Australia, she worked in Japan as a ski instructor after finishing school and travelled the Silk Road in Central Asia post-university (in a converted Soviet-era ambulance). Tasha is always on the lookout for the next adventure. She's also a bit of an adrenaline junkie: the faster, the higher, the better! She loves to try new things, from playing women's rugby at Durham University, to giving figure skating and adult gymnastic classes a go while living in London.

Tasha communicates via both speech and British Sign Language/Sign Supported English and was supported by her interpreter on the Great British Bake Off. Normalising deafness is hugely important to Tasha, through the inclusion of deaf people and their range of communication styles in mainstream media. She is excited about using her platform to further amplify this message. When she's not baking, Tasha works with deaf young people in the charity sector.

Baking has been a creative outlet for Tasha since she was a child. She made cakes for her school friends and was encouraged by her Food Technology teacher to develop her skills as a hobby. During the 2020 lockdown, she challenged herself to bake all the bread her family consumed for a year. It paid off with a second Star Baker in Bread Week!

Having "won the heart of the nation", Digital Spy's readers voted Tasha as 2023's 'Best Breakthrough Reality Star'. Since leaving the Bake Off tent Tasha has enjoyed sharing her baking journey on social media. She is excited to explore new opportunities in broadcast, print media and in collaboration with brands.

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**For more information:**

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