



# Vassos Alexander

**BBC Radio 2 Presenter  
Sports Journalist  
Event Host  
Compere**



---

**Vassos Alexander** is one of the best-known sports broadcasters in the country. Every morning he's heard by ten million people as an integral part of the *Chris Evans Breakfast show* on BBC Radio 2. He can also be seen presenting an evening show on BT Sport, and is often heard commentating on BBC Radio and Television.

Vassos has covered almost every sporting event you can think of - from the Olympics to The Ashes, Wimbledon to Wentworth, the World Cup to the World Darts. He's also a keen runner who's completed several 3-hour marathons, as well as an Ironman triathlon (2.4m swim, 112m bike, 26.2m run).

In March 2016, his book *Don't Stop Me Now* was published by Bloomsbury books, charting his rise from couch potato to accomplished marathon runner. Part escapee, part self-discovery, part therapy and part fitness, the book is a funny and inspiring book for anyone with a pair of well-worn trainers by the door... or thinking of buying a pair.

Vassos is an accomplished event and awards host and extremely popular after-dinner speaker.

He lives in London with his wife and three children.

---

**For more information:**

Yellow Poppy Media  
18 Soho Square  
London  
W1D 3QL

[yellowpoppymedia.com](http://yellowpoppymedia.com)

